

# meQuilibrium SUITE

## Develop a Resilient Organization

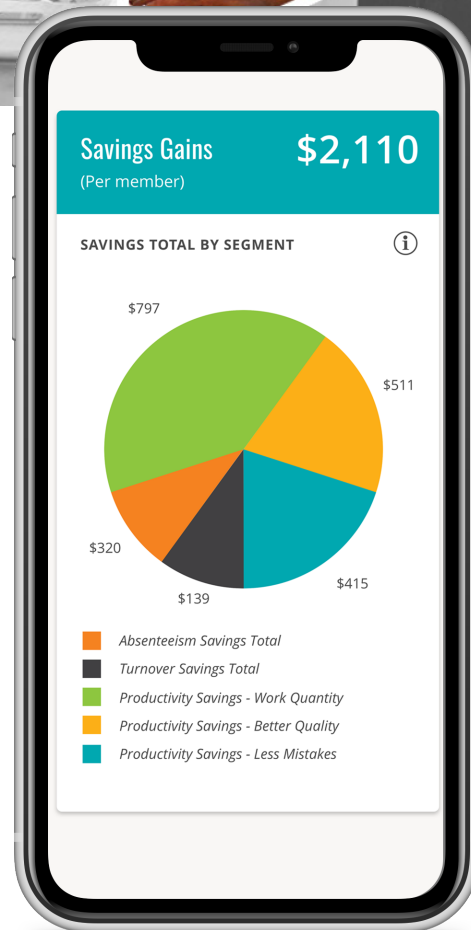
HR Executives are expected to build a workforce that can rise above stress, pressure, and change because resilience is today's business imperative.

### RESILIENT BUSINESSES OUTPERFORM THE MARKET

AMONG MEQUILIBRIUM'S LARGEST PUBLICLY-TRADED CUSTOMERS, OVER THE PAST 24 MONTHS, COMPANIES WITH HIGH RESILIENCE OUTPERFORMED THE DOW JONES INDUSTRIAL AVERAGE BY 116%.

### BUILD ORGANIZATIONAL RESILIENCE

The meQuilibrium Suite delivers individual, leader, and team training, activities, and data to develop resilience—globally and at scale. With the Suite, organizations gain real-time insights into workforce physical and mental health and wellbeing—data that is unavailable through common HR touchpoints—to help leaders make informed decisions about their people and their business.



### DATA: GAIN UNIQUE WORKFORCE ANALYTICS

Equip leaders with real-time data and actionable insights to help them move into a proactive position and preventative posture to address risks before becoming costly problems.

- Analyze measures of resilience and program efficacy
- Predict risk before experiencing negative outcomes

## COLLABORATION TOOLS: MANAGE THE IMPACT OF CHANGE

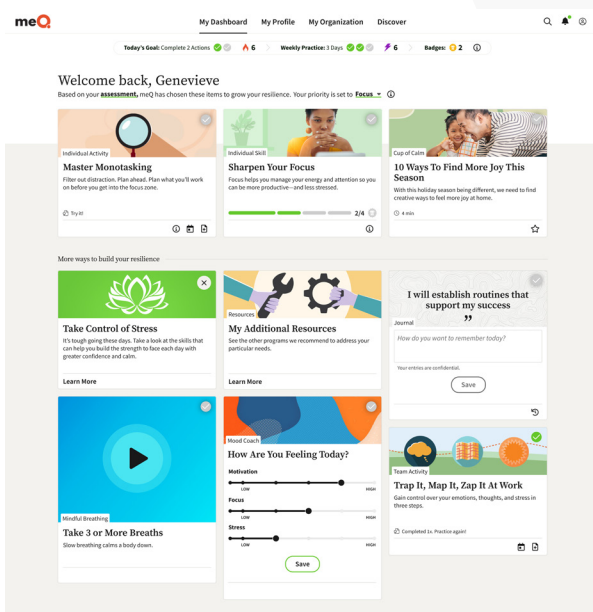
Build resilient leaders and agile teams through dedicated team courses, activities, and resources to foster more effective decision-making and problem solving. Plus, the Suite offers Values Match and Mentor Match to help employees develop the skills they need to deliver on the company's values and mission and matches mentees and mentors to facilitate growth and connection.

- Enable leaders to model resilient behavior and build stronger teams
- Match mentors and mentees to inspire growth

## INDIVIDUAL TRAINING: BUILD ADAPTIVE EMPLOYEES

Build individual resilience via a digital solution that leverages a clinically-validated assessment to generate a personalized learning path for each member. The learning path includes training, interactive learning modules, and videos, to build intrinsic, adaptive responses to life's challenges to develop enduring, individual resilience.

- Empower employees to adapt and excel in the midst of change
- Drive visibility of additional benefits offerings



## GLOBAL, ENTERPRISE GRADE SOLUTION

The meQuilibrium Suite is a global, enterprise grade solution. It is clinically validated, HIPAA, SOC2, HITRUST, and WCAG-AA compliant. It is also GDPR compliant in 80+ countries and the majority of the training is available in the following languages: Brazilian Portuguese, Canadian French, European French, Dutch, German, Italian, Japanese, Korean, Latin American Spanish, European Spanish, Russian, and Simplified and Traditional Chinese.

## BECOMING RESILIENT IS TODAY'S BUSINESS IMPERATIVE

meQuilibrium has long been leading the advancements in resilience for organizations and their employees. Today, the requirement has never been greater. Working with meQuilibrium, organizations understand their level of resilience, build upon their strengths, and improve their areas of vulnerability. In short, meQuilibrium is changing the way organizations adapt for the now and prepare for the future.